

CURRICULUM VITAE

Name: Joseph Davidson Forbes (J. David)

Birthdate: February 15, 1964

Address: 2931 Berry Hill Dr., Suite 100, Nashville, TN 37204

Citizenship: USA Hometown: Jackson, TN

Marital Status: Married

EDUCATION

Board Certifications: Founding Diplomate - American Board of Holistic Medicine, 2000
Internal Medicine – 1994

Counseling: Trained as PEER Therapist - Sept. 1992 - July 1994

Medical Residency: Internal Medicine
North Carolina Baptist Hospital/Bowman Gray School of
Medicine of Wake Forest University, Winston-Salem, NC
June 1991- June 1993

Medical Internship: Internal Medicine
North Carolina Baptist Hospital/Bowman Gray School of
Medicine of Wake Forest University, Winston-Salem, NC
June 1990- June 1991

Medical School: University of Tennessee Center for the Health Sciences
Memphis, Tennessee, 1986-1990; Degree-M.D.

Undergraduate: Southern Methodist University, Dallas, Texas 1982-1986
Degrees: B.A.- Biology; B.A.- Psychology; May, 1986

Abroad: Salzburg, Austria, through Southern Methodist University May-
June 1985

High School: Jackson Central-Merry High, Jackson, Tennessee 1979-1982

Abroad: Madrid, Spain, through University of Tennessee at Martin
June 1981

PROFESSIONAL SOCIETY MEMBERSHIPS

American Holistic Medical Association

TAB Alternative Boards

EMPLOYMENT EXPERIENCE

Currently – Private Practice:

Nashville Integrated Medicine, Nashville, TN – Founder and Director
2004-present

Lewis Ambulatory Care Clinic, Hohenwald, TN
2004-present

Adjunct Lecturer – Tennessee State University, Occupational Therapy Program,
2006-2007

Occupational Physician Services – March 2002 - present

Emergency Dept. Physician, Page Memorial Hospital, Luray, VA,
April 1994 - March 2004

Private practice, Stress Medicine and Counseling -
Integrating emotional release work (PEER Therapy), energetic intuitive
body work and meditation, Charlottesville, VA, October 1994 - 1996;
Luray, VA 1999

Emergency Dept. Physician, Coastal Emergency Services, Richmond, VA
Employed at Health South Hospital, Richmond, VA; Stonewall
Jackson Hospital, Lexington, VA; Halifax Hospital, South Boston, VA;
Farmville Hospital, Farmville, VA 1993-94

Emergency Dept. Physician, Davis Community Hospital, Statesville, NC
Feb. 1993 - Jan. 1994

Emergency Dept. Physician, Davie Co. Hospital, Mocksville, NC July, 1993

Internal Medicine Emergency Dept. coverage, High Point Regional Hospital,
High Point, NC Nov. 1992 - July 1993

Outpatient Clinic Physician, Outer Banks Medical Center, Nags Head, NC July, 1993

Internal Medicine Clinic Coverage, Winston-Salem Health Care, Winston-Salem, NC Nov. 1992 - June 1993

Resident Physician, Internal Medicine, North Carolina Baptist Hospital/Bowman Gray School of Medicine, Winston-Salem, NC June 1990-June 1993

Part-time employment as Musical Entertainment at Restaurants/Clubs/Universities/Organizational Functions/Resorts 1981-present: Memphis, Tn., Jackson, Tn., Dallas, Tx., Winston-Salem, NC, Irving, Tx., Sea Island, Ga., Charlottesville, VA, Luray, VA

Junior Staff, Sea Island, Ga., counselor and coordinator of children's activities Summer 1986

Volunteer, Mobile Medical Van, Dominican Republic July 1987

Preceptorship, Dr. Bob Souder, M.D., Gastroenterologist, Jackson, TN Summer 1984

Orthodontic Lab Technician, Jackson, Tn. 1979-1982

Assistant Baker and Clerk, Mister Donut, Jackson, Tn. 1975-1979

PAPERS

Love Is Not Woo-Woo. Spring 2007. Newsletter of the American Holistic Medical Association.

Safety In Numbers. Spring 2006. Newsletter of the American Holistic Medical Association.

Holistic and Integrated Medicine, A Comprehensive Approach to Wellness. Jan/Feb 2005. Health and Wellness.

So, What Exactly IS Holistic Medicine? Jan/Feb 2005. Health and Wellness.

Stress and Emotional Factors In Illness. April 1992. (Unpublished)