

# CURRICULUM VITAE\*

STEPHEN HOLT, M.D.

LLD (Hon), DNM, FRCP (C), FACP, FACN, FACG, MRCP(UK), FACAM, OSJ

\* This document is private and confidential

## **IMPORTANT NOTE**

The following is a biographical sketch of Dr. Stephen Holt, M.D. that **MUST** be used in all commercial matters, radio shows, print media etc. No permission is given to use any institutional or professional membership information when introducing Dr. Holt in a commercial context.

## **BRIEF ALLOWED BIOGRAPHICAL SKETCH**

**Dr. Stephen Holt, M.D. is a Distinguished Professor of Medicine and a medical practitioner in New York State. He has published many peer-review papers in medicine and he is a best-selling author with twenty books in national and international distribution. He has received several awards for teaching and research. As a full professor of medicine for 20 years and an adjunct professor of Bioengineering for 10 years. Dr. Holt is a frequent lecturer at scientific meetings and healthcare facilities throughout the world.**

### **ABBREVIATED CURRICULUM VITAE STEPHEN HOLT, MD, LLD(Hon.) ChB., DNM, FRCP (C) MRCP (UK), FACP, FACG, FACN, FACAM, OSJ KNIGHT OF THE ORDER OF ST. JOHN**

## **CURRENT APPOINTMENTS**

- Chairman Department of Integrative Medicine, NYCPM, NY
- Consultant Physician in Gastroenterology, Medicine and Nutrition, New York
- Founder, Wellness Publishing
- Founder, Natures Benefit Inc.
- Board of Trustees, NYCPM, NY
- Distinguished Professor of Medicine, NYCPM

## **EDUCATION**

- Honors Graduate 1972, Liverpool University Medical school, England, UK
- Postgraduate Training Internal Medicine and Gastroenterology, Therapeutics and Clinical Pharmacology, University of Edinburgh, Scotland
- Board Certified Internist and Sub specialist in USA, UK, Economic Union and Canada

## **HONORS**

- Honorary Doctorate of Humane Letters New York, USA
- Congressional Medal of Distinction 2006, National Republican Congressional Committee
- Several Awards for Teaching
- Distinguished Chair of Medicine

## **RESEARCH**

- Nutrition, Gastrointestinal Disease and Therapeutics.

## **PUBLICATIONS**

- Author or co-author – 20 books and 500 scientific communications, with thousands of citations in consumer or trade press articles.

## **SOCIAL**

- Born 3 May 1950, Manchester, UK.; 6 children. Children: Fraser, Stephanie, Andrew, Stephen Jr., Sophia, Evan

**Stephen Holt, M.D. LLD(Hon.), ChB., DNM, FRCP (C)  
MRCP (UK), FACP, FACG, FACN, FACAM, OSJ**

**HOME ADDRESS:** 34 Crestview Road  
Mountain Lakes, New Jersey 07046  
Tel. 973-402-8410

**BUSINESS ADDRESS:** Holt Institute of Medicine  
Little Falls, NJ 07103  
Tel. 973-890-2378  
Fax. 973-890-8654  
E-Mail info@naturesbenefit.com

**MEDICAL OFFICE ADDRESS:**  
Holt Clinic  
One Rockefeller Plaza  
14 West 49<sup>th</sup> St., Suite 1401  
Tel. (212) 582-1700

**CURRENT APPOINTMENTS:**  
President and CEO, Natures Benefit Inc. and Wellness Publishing Inc.  
Independent Consultant to Pharmaceutical and Dietary Supplement Industry.  
Private Medical Practitioner, New York  
Distinguished Professor of Medicine, NYCPM, NY and Adjunct Professor  
Bioengineering, New Jersey Institute of Technology, Newark, NJ

**MEDICAL SCHOOL:**  
1972 Liverpool University Medical School, United Kingdom  
MBChB with Honors, M.D. by Thesis

**POSTDOCTORAL TRAINING:**  
Sept. 1972 - July 1976  
Intern and Resident (House Officer - Registrar)  
Liverpool Area Health Authority Teaching Hospitals,  
Liverpool, United Kingdom

July 1976 - Jan. 1981  
Lecturer in Medicine, Therapeutics and Clinical Pharmacology, Senior Registrar in  
Medicine Department of Therapeutics and Clinical Pharmacology, University of Edinburgh  
and The Edinburgh Royal Infirmary, Scotland (including research sabbatical 1979-1980 at  
the Addiction Research Foundation of Ontario, Toronto, Canada)

**LICENSURE:**  
Sept. 4, 1973 General Medical Council, UK Reg. No1552670  
Dec. 29, 1993 New York State Education Department, License No. 194529

### **CERTIFICATION BY EXAMINATION (TRAINING):**

- 1982/87 Sub-Specialty Board: Diplomate, American Board of Internal Medicine, Subspecialty Gastroenterology, No. 84644, 11/10/87
- 1982 Specialty Board: Diplomate, Internal Medicine, American Board of Internal Medicine No. 84644, 09/15/83
- 1975 Member, Royal College of Physicians, United Kingdom, (MRCP UK) 1975.
- 1979/84 Joint Committee on Higher Medical Training Certification in Internal Medicine and Gastroenterology UK (1984)
- 1980 Licentiate of the Medical Council of Canada (LMCC) 1981.
- 1980 Fellow, Royal College of Physicians of Canada, Internal Medicine, FRCP (C) 1981.
- 1980 Fellow, Royal College of Physicians of Canada, Gastroenterology, FRCP (C) 1981.
- 1982 VQE, National Board of Medical Examiners 1981.
- 1982 FLEX, Federal Licensing Examination 1981.

### **BY ELECTION:**

- 1983 Fellow, American College of Physicians, (FACP)
- 1985 Fellow, American College of Gastroenterology, (FACG)
- 1986 Fellow, American College of Nutrition, (FACN)
- 2003 Fellow, American College of Advancement of Medicine (FACAM)

### **BY THESIS:**

- 1993 Doctor of Medicine "Measurements of Gastric Emptying Rate in Humans"
- 2006 Doctor of Natural Medicine, Pan-American Institute of Natural Medicine, Nevis, WI

### **BY PEER REGOGNITION:**

- 2006 By Investiture, Knight of Grace, Holy Order of Knights of St. John (OSJ)
- 2005 Doctor of Humane Letters, NYCPM, New York, USA, 2005
- 2006 Congressional Medal of Distinction 2006, National Republican Congressional Committee
- 2006 NRCC, Republican Businessman of the Year, NJ

### **UNIVERSITY APPOINTMENTS:**

- 2006 - Current Distinguished Professor of Medicine, New York College Podiatric Medicine, NYCPM
- 1998 - Current William Paul Haber, Professor of Medicine and President Illinois College of Physicians and Surgeons, Professor of Medicine, Capital University of Integrative Medicine, Washington, DC, Adjunct Professor of Bioengineering, New Jersey Institute of Technology, Newark, NJ.
- 1991-2000: Clinical Professor of Medicine  
Seton Hall University
- January 1989 - September 1991  
Professor of Medicine  
Division of Gastroenterology  
University of South Carolina  
Columbia, SC, USA
- February 1986 - January 1989  
Professor of Medicine  
Division of Gastroenterology  
Southern Illinois University  
School of Medicine

Springfield, Illinois, USA  
Director, SIU Diagnostic Labs  
January 1984 - February 1986  
Associate Professor of Medicine  
Case Western Reserve University  
Cleveland, Ohio, USA  
January 1981 - January 1984 Research Positions:  
W.W. Cross Cancer Institute and  
University of Saskatchewan  
Canada

**HOSPITAL APPOINTMENT:**

July 1972 – January 1981	Training grade hospital appointments in continuity
January 1981 – January 1984	Research appointments
January 1984 – February 1986	Cleveland Metropolitan General Hospital– attending Gastroenterologist
February 1986 – January 1989	Memorial Medical Center, Springfield, IL
January 1989 – September 1991	Richland Memorial Hospital, Columbia, SC
September 1991 – January 1994	Montclair Community Hospital, Cathedral Healthcare
January 1994 – 1996	Long Island College Hospital
January 1996 - current	Private Practice, NY, with academic affiliations, NYCPM

**PAST HONORARY APPOINTMENTS:**

- Visiting Professor of Medicine Sun Yat Sen University of Medical Sciences Canton, China 1986
- Adjunct Professor University of New England College of Osteopathic Medicine 1991

**VISITING APPOINTMENTS:**

By invitation, I have been a visiting professor and delivered lectures at several institutions or affiliated societies worldwide, including, but not limited to:

**BUSINESS HONOR**

Chairman, Business Advisory  
Council of Republican Party (NRCC) New Jersey. Current, 2006

1978	University of Lancaster, UK
1978	University of Bilbao, Spain
1979	Karolinski Institute, Sweden
1979	Washington University, USA
1979	University of Wisconsin, USA
1980	University of London, Ontario
1981	University of Manchester, UK
1985	Peking Union Medical College
1987	University of Hong Kong
1987	All India Institute of Medicine New Delhi, India
1988	University of London, UK
1988	University of Indiana, USA
1988	University of Alabama, USA
1988	Mayo Clinic, USA
1988	Shanghai First and Second Medical College, China
1988	Sun Yat Sen University, China
1988	Peking Union Medical College, China
1989	University of North Dakota, USA
1989	University of Florida, Jacksonville, USA
1989	Medical University of South Carolina, USA
1989	University of South Alabama, USA
1989	University of Illinois, USA
1989	University of California (San Francisco), USA

1989	Loyola Medical School
1989	Cook County Graduate School of Medicine
1991	Malaysia Society of Gastroenterology
1991	Thai Society of Gastroenterology
1991	Brunei Society of Medicine
1991	Singapore Society of Gastroenterology
1991	Hong Kong Society of Digestive Endoscopy
1991	Chang Mai University Thailand
1992	University of Cape Town
1992	University of South Africa (Johannesburg)
1993	Philippine College of Physicians Annual Meeting
1993	University of Cebu, Philippines
1993	University of Jakarta
1993	University of Sulawesi
1993	University of Western Sumatra
1993, onwards,	Academic Institutions in Korea, Thailand, China, Switzerland and the UK
Ad hoc -	American College of Gastroenterology, World Congress Gastroenterology, Pan Asian Congress Gastroenterology, American College of Physicians, NNFA national and regional, ACAM, Expo Healthcare national and international, American Society of Bariatric Physicians, Antiaging World Expos, etc.

**AWARDS AND HONORS:**

1968	Thomas A. Jermy Prize, Preclinical Studies
1972	A. C. Rich Prize, Clinical Medicine
1985-99	Several awards of appreciation for teaching, research and administration from national and international medical societies and institutions. China, S.E. Asian countries, USA.
2005	Honorary Doctor of Human Letters (LLD(Hon))

**SCHOLARSHIPS:**

1978	British Council, Young Research Workers Award
1979	Carnegie Trust for the Universities of Scotland

**EDITORIAL BOARDS:**

- 1988-90 Current Opinion in Gastroenterology, Current Science, UK (Editor)
- 1989-92 Current Issues in Gastrointestinal Motility ad hoc
- 1991-93 Practical Gastroenterology ad hoc
- 1993-93 Modern Medicine ad hoc
- 1995-00 Regular Feature Article (Journal of Alternative and Complementary Medicine)
- 1996-00 Natural Pharmacy
- 1999-00 Natural Medicine
- 1995 – current Ad hoc several journals

**REVIEWER OF SCIENTIFIC ARTICLES:**

American Journal of Physiology Gastroenterology Digestive Diseases and Sciences Indian Journal of Medicine Journal of Studies on Alcohol Canadian Medical Association Journal American Journal of Gastroenterology Life Sciences	Gut Journal of the Society for Experimental Biology and Medicine ADIS Press Publications Mary Ann Liebert Publishers - publications Alcohol: Clinical and Experimental Research Book selection or article and review for several publishing companies, etc.
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**MAJOR COMMITTEE ASSIGNMENTS:**

**National Committees:**

- 1987 - 1989 Educational Affairs, American College of Gastroenterology
- 1986 - 1988 Advisory Panel DATTA American Medical Association
- 1987 - 1988 Institute of Medicine of Washington, Task Force on Assessment and Treatment Assignment, Advisory Committee reporting to the U.S. Congress, contributor to IOM target objectives for health care in the 1990's.
- 1987 - 1989 Regional and National CME Planning, American College of Gastroenterology
- 1989 - 1992 International Relations Committee, American College of Gastroenterology
- 2000-current Funding Committee: Illinois College of Physicians and Surgeons
- 2006 Honorary President, Republican Business Advisory Council, NJ

**Committees,**

**Institutional:**

I have served on, or chaired, several different types of institutional committees including, ethics, tenure, teaching, planning, institutional liaison, data review, salaries and promotions, clinical services, nutrition, medical education, laser, oncology and research policy and advisory committees. As the President of the Illinois College of Physicians and surgeons, I am responsible for the appointment of all faculty to the new medical school. Faculty evaluation and recruitment at NYCPM.

## **MEMBERSHIPS IN SOCIETIES:**

- \* The American Gastroenterology Association  
The British Society of Gastroenterology
- \* The American College of Gastroenterology  
The American Society of Nuclear Medicine  
Collegiate Member of the Royal College of Physicians (UK)
- \* The Royal College of Physicians and Surgeons of Canada  
The British Medical Association  
New York Academy of Sciences
- \* The American College of Nutrition  
The Pan American Medical Association  
The American Society of Parenteral and Enteral Nutrition
- \* The American Society of Internal Medicine  
The American Federation of Clinical Research  
The American Medical Association

\* denotes current

## **RESEARCH INTERESTS AND EXPERIENCE:**

I have performed independent and collaborative research in the following areas: bioengineering, epidemiology, gastrointestinal function, therapeutics, nutrition and drug development. I have special interests in new drug development, phase I-V, pharmaceutical and biotechnology with special interests in remedies of natural origin.

## **GRANT HISTORY:**

I have held grants (principal or co-investigator) from American Cancer Society, Ontario Government, co-investigator Federal Government Special-Fund-Ionising Radiation, Canada, 1983 Local Foundations and Industry. (1972-94) >5 million and much industry funding of research, including key decisions on drug and supplement research and development. Advice and administration of large commercial budgets in medical research, > 60 million per annum, on occasion.

## **MAJOR TEACHING EXPERIENCE:**

### **Undergraduate:**

I have organized and delivered undergraduate teaching in Therapeutics, Pharmacy Clinical Pharmacology, Advanced Nursing Studies, Gastroenterology and Nutrition, which included responsibilities in basic science and clinical education. I have general internal medicine and physical diagnosis, ad hoc. Since 1975, I have been involved in core program teaching in medicine, dentistry and pharmacy and planned curricula and revision for several Academic Institutions. I have been active in planning undergraduate curriculae. I have contributed to the design of graduate programs in medical sciences.

### **Graduate:**

I have been actively involved in the organization and delivery of residency and fellowship teaching. The programs emphasized continuing assessment and board preparation. I was a principal teacher for MRCP diploma examinations and taught physicians from several European countries, the Far East and India for the membership examinations of the Royal College of Physicians (UK). I was an instructor for the diploma in Advanced Nursing, UK, and was a Royal College of Nursing examiner. I was a co-founder of the Self Assessment Program in Gastroenterology that is used by the American College of Gastroenterology. I

have run ACGME accredited Gastroenterology programs and have restored one program from cancellation by ACGME and two programs from probation to full accreditation. I have supervised or contributed to achievements of several thesis candidates.

**Other:**

I have chaired or contributed to the organization and delivery of several regional, national and international continuing medical education symposia including affiliations with the European Society of Digestive Diseases, American College of Gastroenterology, the World Congress of Gastroenterology and the Asian-Pacific Congress of Gastroenterology and the Asian-Pacific Congress of Digestive Endoscopy. I was the Director of the Sino-American Education and Research Exchange with Sun Yat-Sen University in China, where I hold an honorary faculty appointment. My fellows have won regional awards and national citations from the American College of Physicians for research. I have planned seminars on dietary supplements research and regulatory issues. I am regular keynote speaker at national and international food science meetings. I have special interests in alternative medical practices as a complementary approach to medicine.

**PRINCIPAL CLINICAL AND HOSPITAL SERVICE RESPONSIBILITIES:**

I have received training in each subspecialty of Internal Medicine. I have broad experience of administrative matters in hospital and academic practice. I am experienced in all diagnostic and therapeutic endoscopic procedures. I have always taken full clinical service responsibilities. My duties have included medical outpatient clinics, inpatient consultations, all endoscopic procedures and administrative responsibilities. Patient Care has been integrated with undergraduate and postgraduate teaching of medical students, residents and fellows. My practice is largely tertiary referral. I have headed Quality Assurance programs and consulted with several third party insurance agencies.

**MAJOR ADMINISTRATIVE RESPONSIBILITIES:**

- Chair Task Force Committees on health care delivery in University and Community Hospital settings.
- Medical Education and Research Policy development and implementation.
- Medical Research organization contract services, fiscal arrangements.
- Staff recruitment and development including physicians, nursing, ancillary professionals.
- Institute of Medicine, Washington advisory role to US Congress, Reagan Administration.

**MEDICAL COMMUNICATIONS:**

- Ambulatory Care, special services organization.
- Bylaws, Q.A. Policy Administration and Leadership.
- Management consulting in the health care industry, government at county, state and national level.

**PRACTICE:**

I have maintained the practice of internal medicine, nutrition and gastroenterology throughout my entire career.

**PROFESSIONAL WRITING (ASSIGNMENTS, REGULAR AND AD HOC):**

Natural Pharmacy  
Great Life Magazine  
Muscle Fitness  
Current Perspectives

New York Life Magazine  
In Practice  
Vitamin Retailer  
Whole Foods Magazine  
Natural Medicine  
Alternative and Complementary Therapies  
Let's Live  
Ad hoc: for trade, industry, supply and peer review journals, etc.

### **TELEMEDICINE AND TELECare EXPERIENCE**

I have been very active in the development and evaluation of novel health communication utilizing creative audiovisual techniques, video presentations (pre-recorded and live), radio interviewing, audio teaching and computer software.

I have worked with the design and application of computer assisted testing of lifestyle.

I have a special interest in computer video formats and potential interventions in health care including epidemiological applications and patient care.

I have developed several novel communication programs for multinational pharmaceutical companies for use in the switch of prescription drugs to over the counter formulations.

I have written or developed print and electronic teaching formats for nutritional approaches to disease and the use of dietary supplements.

### **PRODUCT DEVELOPMENT (DISCLOSURE)**

I have developed more than 50 biopharmaceutical or nutritional products from which I receive royalties on sales. The cumulative sales of such products are among industry leaders in their categories. I founded Biotherapies Inc. in 1997 and Natures benefit Inc. in 2000.

### **NATURES BENEFIT INC.**

This corporation develops, markets and sells veterinary and human nutritional, botanical and herbal products.

### **WELLNESS PUBLISHING INC.**

A multimedia and book or magazine publishing company focused on popular consumer health care issues. Expanding into areas of multimedia edutherapies.

### **NATURAL CLINICIAN LLC.**

Research, development, and sale of food and dietary supplements to healthcare professionals

# BIBLIOGRAPHY

## STEPHEN HOLT, M.D.

**NOTE: Not all publications are listed. Focus is on peer-review publications in medical literature**

### **PATENTS: INFORMATION UPON REQUEST (Five patent filings)**

#### **BOOKS:**

Skinner HA, Holt S. The Alcohol Clinical Index. Strategies for Identifying Patients with Alcohol Problems. Published and marketed by the Addiction Research Foundation of Ontario, 1987. This manual is accompanied by data acquisition instruments.

Holt S, "Soya for Health" Mary Ann Liebert Publishers Inc., Larchmont, New York, June, 1996.

Holt S, "Miracle Herbs", with Linda Comac, Birch Lane Press, Carol Publishing, Secaucus, NJ, 1998.

Barilla J., Holt S "Andrographis Paniculata", Keats Publishing NTC Press, 1999.

Holt S, Gagliardi G, Fuerst M. "The Shark Cartilage Alternative for Bone and Joint Health", Keats Publishing, 1997

Holt S, "The Natural Way to a Healthy Heart, M. Evans Inc., NY, NY, 1999.

Holt S, "Natural Ways to Digestive Health", M. Evans Inc., NY, NY, 2000.

Holt S, "The Soy Revolution", M. Evans, NY, NY, 1998 and Dell Publishing, Random House, 2000.

Holt S, Barilla J. "The Power of Cartilage" Kensington Publishing Inc., (Zebra Books), NY, NY, 1998.

Holt S, "Natures Benefit from Coral Calcium" Second edition, Wellness Publishing, Newark, NJ, 2003.

Holt S, "The Antiporosis Plan" Wellness Publishing, Newark, NJ, 2002.

Holt S, "Combat Syndrome X, Y and Z...", Wellness Publishing, Newark, NJ 2002.

Holt S, "Natural Digestion", Wellness Publishing, Newark NJ, 2006

Holt S, Wright J, "Syndrome X Nutritional Factors", Wellness Publishing, Newark NJ, 2004

Holt S, "The MenoPlan", Wellness Publishing, Newark, NJ, 2006

Holt S, "Enhancing Low Carb Diets", Wellness Publishing, Newark, NJ 2004

Holt S, "Sleep Naturally", Wellness Publishing, Newark, NJ 2003

Holt S, "Supreme Properties of Hoodia Gordonii", Wellness Publishing, Newark, NJ 2005

Holt S, "Sex Naturally", Wellness Publishing, Little Falls, NJ 2006

Holt S, "Holt MD Labs", Wellness Publishing, Little Falls, NJ 2006

#### **CHAPTERS IN BOOKS ETC.:**

Many co-authorships in teaching texts.

Holt S, three chapters in Upper Digestive Surgical Textbook edited by T.V. Taylor M.D., 2000.

#### **VIDEOS:**

A large number of video presentations in education and commerce.

#### **TELEVISION:**

Media expert on health matters with a focus on food, dietary supplements and natural medicine, with appearances on many national TV broadcasts e.g. NBC, ABC, etc.

#### **RADIO:**

Extensive: top national radio guest and independent show host

#### **MEDICAL PUBLICATIONS: NOTE: ALL TRADE, TEACHING ARTICLES NOT INCLUDED**

Eastmond CJ, Holt S. A case of acute mercury vapour poisoning. *Postgraduate Medical Journal* 51:428-430, 1975.

Gosh P, Holt S. Tabes Dorsalis with sudden onset of paraplegia. *British Journal of Venereal Diseases* 51:349-351, 1975.

Holt S, Hudgins D, Krishnan KR, Critchley EMR. Diffuse myelitis associated with rubella vaccination. *British Medical Journal* 2:1037-1038, 1976.

Holt S, Kirkham N. Cytomegalovirus induced haemolytic anaemia after cardiac surgery. *Thorax* 31:788-789, 1976.

Holt S, Kirkham N, Myerscough EM. Haemothorax after subclavian vein annulation. *Thorax* 32:101-103, 1977.

Holt S. Syphilitic ostial occlusion. *British Heart Journal* 39:469-470, 1977.

Holt S, Ryan WF, Epstein EJ. Severe mycoplasma pneumonia. *Thorax* 32:112-115, 1977.

Holt S, Khan MM, Charles RG, Epstein EJ. Polyradiculoneuritis and Mycoplasma pneumoniae infection. *Postgraduate Medical Journal* 53(621):416-8, 1977.

Holt S, Myerscough EM. Pneumothorax and hydrothorax after subclavian vein cannulation. *Postgraduate Medical Journal* (April 1977) 53, 226-227.

Holt S, Hicks DA, Charles RG, Coulshed N. Acute staphylococcal endocarditis in pregnancy. *Practitioner* 220:619-22, 1978.

Holt S, Kahn MM, Orlans DA, Epstein EJ. Cephalothin induced neutropenia during the treatment of bacterial endocarditis. *Scottish Medical Journal* 23:135-139, 1978.

Holt S, Millar JW, Heading RC, Charles RG. Spontaneous mid-oesophageal rupture. *Postgraduate Medical Journal* 54:559-65, 1978.

Holt S, Samuel E. Multiple concentric ring sign in ultrasonographic diagnosis of intussusception. *Gastrointestinal Radiology* 3:307-9, 1978.

Pottage A, Holt S, Ludgate S, Langlands D. 5-fluorouracil cardio- toxicity. *British Medical Journal* 1:547-548, 1978.

Holt S, Stewart IC, Heading RC, Macpherson AIS. Resolution of primary pneumatosis coli. *Journal of the Royal College of Surgeons of Edinburgh* 23:297-9, 1978.

Holt S, Samuel E., Ultrasonic diagnosis of Gastrointestinal Lesions. *British Journal of Radiology*, 52: 348, 1979.

Holt S, Gilmour HM, Buist TA, Marwick K, Heading RC. High flow oxygen therapy for pneumatosis coli. *Gut* 20:493-8, 1979.

Gillon J, Holt S, Sircus W. Pneumatosis coli and sigmoid volvulus: a report of 4 cases. *British Journal of Surgery* 66:802-5, 1979.

Holt S, Kirkham N, Ryan WF, Coulshed N. Noonan's syndrome and cyanotic congenital heart disease: A report of four cases and review of the literature. *Acta Cardiologica (Belgium)* XXXIV:167-77, 1979.

Holt S, Martinez AA, Coulshed N. Interatrial abscess. *Postgraduate Medical Journal* 55:207-9, 1979.

Holt S, Naysmith A, Reid J, Buist TA. Hazards of hepatic artery infusion of streptozocin. *Scottish Medical Journal* 24:163-5, 1979.

Charles RG, Holt S, Kirkham N, Epstein EJ. Myocardial infarction and marijuana. *Clinical Toxicology* 14:433-8, 1979.

Holt S, Samuel E. Grey scale ultrasound in Crohn's disease. *Gut* 20:590-5, 1979.

Gillon J, Tadesse K, Logan RF, Holt S, Sircus W. Breath hydrogen in pneumatosis cystoides intestinalis. *Gut* 20:1008-11, 1979.

Millar JW, Holt S, Gilmour HM, Robertson DH. Vulval tuberculosis. *Tubercle* 60:173-6, 1979.

Holt S, Blackwell JN. Dermatitis herpetiformis and diabetes mellitus. *Postgraduate Medical Journal* 56:15-7, 1980.

- Holt S, Heading RC, Carter DC, Prescott LF, Tothill P. Effect of gel fiber on gastric emptying and the absorption of glucose and paracetamol. *Lancet* 1:636-9, 1979.
- Taylor TV, Holt S, McLoughlin GP, Heading RC. A single scan technique for estimating acid output. *Gastroenterology* 77:1241-4, 1979.
- Reid J, Gilmore HM, Holt S. Primary nonspecific ulcer of the small intestine. *Journal of the Royal College of Surgeons of Edinburgh*, 27(4):228-32, 1982.
- Reid J, Holt S, Housley E, Sneddon DJ. Raynaud's phenomenon induced by sulphasalazine. *Postgraduate Medical Journal* 56:106-7, 1980.
- Holt S, S, MC.Dicken WN, Anderson T, Stewart IC, Heading RC. Dynamic imaging of the stomach by real-time ultra-sound "A method for the study of gastric motility" *Journal of the British Society of Gastroenterology-GUT* 21:591-601, 1980
- Holt S, Stewart MH, Adam RD, Heading RC. Alcohol absorption, gastric emptying and a breathalyser. *British Journal of Clinical Pharmacology* 9:205-8, 1980.
- Reid J, Taylor TV, Holt S, Heading RC. Benign gastric ulceration and achlorhydria. *Digestive Diseases and Sciences* 25:148-149, 1980.
- Skinner HA, Holt S, Allen BA, Haakonson NH. Correlation between medical and behavioural data in the assessment of alcoholism. *Alcohol Clinical and Experimental Research* 4:371-7, 1980.
- Israel Y, Orrego H, Holt S, MacDonald DW, Meema HE. Identification of alcohol abuse: thoracic fractures on routine chest X-rays as indicators of alcoholism. *Alcoholism: Clinical and Experimental Research* 4:420-2, 1980.
- Livshits O, Holt S, Skinner HA, Carlen P. Alcohol and male impotence. Substudy Publication, Addiction Research Foundation, Toronto, Canada 1980.
- Holt S, Stewart IC, Dixon JM, Elton RA, Taylor RV, Little K. Alcohol and the emergency service patient. *British Medical Journal* 281:638-40, 1980.
- Tothill P, McLoughlin GP, Holt S, Heading RC. The effect of posture on errors in gastric emptying measurements. *Physics in Medicine & Biology* 25(6):1071-7, 1980.
- Muhammed I, Holt S, McGloughlin GP, Taylor TV. Non-invasive estimation of duodenogastric reflux using technetium-<sup>99m</sup> p-butyl-iminodiacetic acid. *Lancet* 2(8205):1162-5, 1980.
- Holt S. Observations on the relations between alcohol absorption and the rate of gastric emptying. *Canadian Medical Association Journal* 124(3):267-77, 1981.
- Skinner HA, Holt S, Israel Y. Identification of alcohol abuse. I. Critical issues and psychosocial indicators for a composite index. *Canadian Medical Association Journal* 124(9):1141-52, 1981.
- Holt S, Skinner HA, Israel Y. Identification of alcohol abuse. II. Clinical and laboratory indicators. *Canadian Medical Association Journal* 124(10):1279-94, 1981.
- Charles R, Holt S, Kay JM, Epsein EJ, Rees JR. Myocardial ultra-structure and the development of atrioventricular block in Kearns-Sayre syndrome. *Circulation* 63(1):214-9, 1981.
- Holt S, Skinner HA, Confronting Alcoholism *Canadian Medical Association Journal* 1990, 51, 8-9.
- Blackwell JN, Holt S, Heading RC. Effect of nifedipine on esophageal motility and gastric emptying. *Digestion* 21(1):50-6, 1981.
- Holt S, Heading RC, Clements J, Tothill P. Acetaminophen absorption and metabolism in celiac disease and Crohn's disease. *Clinical Pharmacology & Therapeutics* 30(2):232-8, 1981.
- Holt S, Ford MJ, Grant S, Heading RC. Abnormal gastric emptying in primary anorexia nervosa. *British Journal of Psychiatry* 139:550-2, 1981.
- Holt S, Taylor TV, McLoughlin GP, Heading RC, Tothill P. An evaluation of <sup>99m</sup>Tc pertechnetate scanning for the detection of coeliac disease and Crohn's disease. *European Journal of Nuclear Medicine* 6:361-4, 1981.
- Holt S, Heading RC, Clement J. Effects of Dietary Fiber. *Gastroenterology* 80:1611, 1981.
- Pacy MP, Holt S. Acute and chronic hepatitis. *Medicine North America* 19:1853-1964, 1982.
- Holt S, Skinner HA. Confronting alcoholism. *Canadian Medical Association Journal* 126:351-2, 1982.

- Holt S, Reid J, Taylor TV, Tothill P, Heading RC. Gastric emptying of solids in man. *Gut* 23(4):292-6, 1982.
- Charles RG, Epstein EJ, Holt S, Coulshed N. Coronary embolism in valvular heart disease. *Quarterly Journal of Medicine* 51(202):147-61, 1982.
- Skinner HA, Holt S. Early intervention for alcohol problems. *Journal of the Royal College of General Practitioners* 33:787-91, 1983.
- Taylor TV, Holt S, Andrews PL, Heading RC. Vagotomy by chemoneurolysis: an experimental study in the rat. *Gut* 24(2):158-60, 1983.
- Holt S, Noujaim AA, Longenecker BM. Radioimmunotechnology for cancer diagnosis and treatment. *Canadian Medical Association* 129, 1:18-19, 1983.
- Ford MJ, Anderson JR, Gilmour HM, Holt S, Sircus W, Heading RC. Clinical spectrum of "solitary ulcer" of the rectum. *Gastroenterology* 84(6):1533-40, 1983.
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