

CURRICULUM VITAE FOR ALAN ROBERT GABY, M.D.

Date of Birth: February 20, 1950

Place of Birth: Staten Island, New York

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EDUCATION:

B.A., Yale University, Political Science, 1972

M.S., Biochemistry, Emory University, 1975

M.D., University of Maryland School of Medicine, 1979

Internship, Internal Medicine, Union Memorial Hospital, Baltimore, Md., 1979-80

EMPLOYMENT HISTORY:

Private Practice, Baltimore, MD, 1982 to June, 1995; Kent, Washington, 1980-81.

Specialty: Nutritional Medicine.

Jeffrey Bland Endowed Professor of Nutrition, Bastyr University, Seattle, WA, September 1995-2002.

PUBLICATIONS (BOOKS):

Wright JV, Gaby AR. *The Patient's Book of Natural Healing*, Prima Publ., Rocklin, CA, 1999.

Gaby AR. Megavitamin and Orthomolecular Therapy. In Jonas WB, Levin JS (eds.). *Essentials of Complementary and Alternative Medicine*, Williams and Wilkins, Baltimore, 1999.

Gaby AR. *Preventing and Reversing Osteoporosis*, Prima Publishing, Rocklin, CA, 1994.

Gaby AR, Wright JV. *Nutritional Therapy in Medical Practice* (annotated bibliography), 515 W. Harrison St., Suite 200, Kent, WA 98032, October 1996.

Gaby AR. *Magnesium*, Keats Publishing, New Canaan, CT, 1994.

Gaby AR. *The Doctor's Guide to Vitamin B6*, Rodale Press, Emmaus, Pa., 1984. Revised Edition titled *B6: The Natural Healer*, Keats Publishing, New Canaan, CT, 1987.

PUBLICATIONS (ARTICLES AND LETTERS):

Gaby AR. Natural remedies for Herpes simplex. *Altern Med Rev* 2006;11:93-101.

Gaby AR. Adverse effects of dietary fructose. *Altern Med Rev* 2005;10:294-306.

Gaby AR. Vitamin E, cardiovascular events, and cancer. *JAMA* 2005;294:425

Gaby AR. "Sub-laboratory" hypothyroidism and the empirical use of Armour thyroid. *Altern Med Rev* 2004;9:157-179.

Gaby AR. Comments on the common cold. *Lancet* 2003;361:782.

Gaby AR. Intravenous nutrient therapy: the "Myers' cocktail". *Altern Med Rev* 2002;7:389-403.

Gaby AR. *Helicobacter pylori* eradication: are there alternatives to antibiotics? *Altern Med Rev* 2001;6:355-366.

Gaby AR. Natural treatments for osteoarthritis. *Altern Med Rev* 1999;4:330-341.

Gaby AR. Natural treatments for rheumatoid arthritis. *Altern Med Rev* 1999;4:392-402.

Gaby AR. The role of hidden food allergy/intolerance in chronic disease. *Altern Med Rev* 1998;3:90-100.

Gaby AR. The safety of vitamin B6. *J Nutr Environ Med* 1997;7:385.

Gaby AR. *Ginkgo biloba* extract: a review. *Altern Med Rev* 1996;1:236-242.

Gaby AR. The role of coenzyme Q₁₀ in clinical medicine: Part II. Cardiovascular disease, hypertension, diabetes mellitus, and infertility. *Altern Med Rev* 1996;1:168-175.

Gaby AR. Dehydroepiandrosterone: biological effects and clinical significance. *Altern Med Rev* 1996;1:60-69.

Gaby AR. The role of coenzyme Q₁₀ in clinical medicine: Part I. *Altern Med Rev* 1996;1:11-17.

Gaby AR, Wright JV. Nutritional factors in degenerative eye disorders: cataract and macular degeneration. *J Advancement Med* 1993;6(1):27-40.

Gaby AR, Wright JV. Nutritional regulation of blood glucose. *J Advancement Med* 1991;4(1):57-71.

Gaby AR, Wright JV. Nutrients and osteoporosis. *J Nutr Med* 1990;1:63-72.

Gaby AR. The safe use of vitamin B6. *J Nutr Med* 1990;1:153-157.

Gaby AR. Treatment with thyroid hormone. *JAMA* 1989;262:1774.

Gaby AR. Magnesium: an inexpensive, safe, and effective treatment for cardiovascular disease. *Journal for Advancement in Medicine* 1988;1(4):179-181.

Gaby AR. Nutritional factors in cardiovascular disease. *J Holistic Med* 1983;5:107.

Gaby AR, Wright JV. Effects of vitamin E. *JAMA* 1982;247:29.

Gaby AR. Diet and diabetes. *JAMA* 1981;246:1302.

Gaby AR, Chawla RK. Efficiency of phenylpyruvic and phenyllactic acids as substitutes for phenylalanine in the diet of the growing rat. *J Nutr* 1976;106:158-168.

LECTURES:

2006

Nutritional Therapy. Presented at the annual conference of the American College of Osteopathic Pain Management & Sclerotherapy. Kansas City, MO, April 21.

Nutritional Therapy: Case studies and frequently asked questions. Presented at the Food as Medicine conference, Baltimore, MD, June 12 and June 16.

Nutrition Update. Presented at the annual meeting of the American Association of Naturopathic Physicians. Portland, OR, August 12.

Intravenous Nutrient Therapy. Presented at the semi-annual meeting of the American College for Advancement in Medicine, Palm Springs, CA, November 2.

2005

Nutritional Therapy in Medicine Practice. Presented at the annual meeting of the American Holistic Medical Association, Philadelphia PA, May 11.

Intravenous Nutrient Therapy. Presented at the annual meeting of the American Holistic Medical Association, Philadelphia PA, May 12.

Optimizing patients' biochemistry: an evidence-based practical clinical approach. Presented at the Annual Meeting of the American Osteopathic Association, Orlando FL, October 24.

Nutrition Update. Presented at the Ontario Association of Naturopathic Doctors convention, Hamilton, ON, Canada, October 29.

Intravenous Nutrient Therapy. Presented at the Ontario Association of Naturopathic Doctors convention, Hamilton, ON, Canada, October 29.

2004

1) Practical Uses of Nutraceuticals; Nutrition Update. 2) Two presentations at the First International Conference on Integrative Medicine, Category I CME credit approved by ACCME; Miami FL, April 3, 4.

Nutritional factors in osteoporosis, dental caries, and periodontal disease. Presented at the annual meeting of the International Academy of Oral Medicine and Toxicology, Crystal City, VA, March 27.

2003

Orthomolecular Medicine and Nutritional Supplements; Carbohydrate Metabolism. Presented at the "Food as Medicine" conference, sponsored by the Center for Mind-Body Medicine, Category I CME credit approved; Panama City, March 2-8.

Nutritional Therapy in Medical Practice. Four-Day Professional Seminar Presented with Jonathan V. Wright, M.D. Co-sponsored by Bastyr University, Seattle, WA, November 7-10.

2002

Nutritional Therapy: Overview. Two-hour presentation to 2nd-year course "Unconventional Medicine" at George Washington University Medical School, January 5.

Nutritional Therapy in Medical Practice. Eight-hour presentation at the Global Medicine Education Program, sponsored by the American Medical Student Association, Petaluma, CA, April 11-12.

Nutrition Update. Presented at the Annual Meeting of the Northwest Association of Naturopathic Physicians, Vancouver, BC, April 28.

Nutritional Treatment of Psychiatric Disorders. Presented at the Symposium: Nutrition and Mental Health, Bastyr University, Kenmore, WA, May 4.

Nutritional and Botanical Medicine. Presented at "Holistic Medicine: Primary Care for the 21st Century." Sponsored by the Philadelphia College of Osteopathic Medicine, September 20.

Nutritional Therapy Update. Bastyr University Continuing Education Program, Hartford, CT, October 12.

2001

Nutritional Therapy in Medical Practice. Three-day professional seminar presented in Brooklyn, NY, February 24-6. Category I CME credit certified by Beth Israel Medical Center and St. Lukes-Roosevelt Hospital Center. Fifteen of the 19 lecture hours presented by Dr. Gaby.

Nutritional Therapy Update. Presented at the Annual Conference of the American Association of Naturopathic Physicians, August 26, Tucson, AZ.

Overview of Nutritional Therapy. Presented at the Third Annual "Clinical Relevance of Medicinal Herbs and Nutritional Supplements in the Management of Major Medical Problems." Sponsored by the University of North Carolina Schools of Medicine, Nursing, Pharmacy, and Public Health, September 22, Chapel Hill NC.

Nutritional Therapy in Medical Practice. Two-day professional seminar presented in Long Beach, CA, November 14-15. Category I CME credit (11 hours) certified by University of Kansas.

2000

Nutritional Medicine. Six-hour seminar presented at the 25th National Primary Care Nurse Practitioner Symposium, Keystone, CO, July 13.

Update in Nutritional Therapy. Presented at the Annual Meeting of the American Association of Naturopathic Physicians, Bellevue, WA, Sept. 17.

1999

Nutritional Medicine. Presented at "Complementary Medicine: an Evidence-Based Approach for Clinicians" sponsored by the University of Washington School of Medicine, Department of Family Medicine, Seattle, WA, March 18.

Osteoarthritis. Presented at "Complementary Medicine: an Evidence-Based Approach for Clinicians;" sponsored by the University of Washington School of Medicine, Department of Family Medicine, Seattle, WA, March 20.

Nutritional Medicine. Presented at the Annual Conference of the American Holistic Medical Association, Washington, DC, May 7.

Nutritional Medicine. Presented at "Alternative Medicine 1999," sponsored by Group Health Cooperative, Seattle, WA, October 29.

Nutritional Medicine; and The Holistic Treatment of Osteoarthritis and Osteoporosis; presented at "The Scientific Basis for the Holistic Treatment of Chronic Disease." Sponsored by the Department of Family Practice and Community Health of the University of Minnesota Medical School and the American Holistic Medical Association, Minneapolis, MN, November 5.

1998

Nutritional Therapies in the Management of Chronic Disease. Evergreen Hospital (CME Program), Kirkland, WA, March 12.

Nutrition and Healing: State of the Art. Presented at the Third Annual Alternative Therapies Symposium, Sponsored by *Alternative Therapies in Health and Medicine*, San Diego, April 2.

Nutritional and Hormonal Therapies for Reversing Memory Loss and Depression. Presented at "Alzheimer's Care: Moving Toward a Holistic Approach;" Co-sponsored by University of Washington, Office of Continuing Medical Education, Seattle, WA, April 20.

Food is Your Best Medicine in Treating Chronic Disease. Presented at the Annual Meeting of the American Holistic Medical Association, Kansas City, MO, April 30.

Nutritional Therapy. Presented at the 23rd National Primary Care Nurse Practitioner Symposium, Keystone, CO, July 12.

Clinical Nutrition Update. Presented at the Annual Meeting of the American Association of Naturopathic Physicians, Portland, OR, August 30.

Nutritional Therapy in Medical Practice. Four-Day Professional Seminar Presented with Jonathan V. Wright, M.D. Co-sponsored by Maricopa Integrated Health System and Bastyr University, Seattle, WA, October 16-19.

Nutritional Medicine; and The Holistic Treatment of Osteoarthritis and Osteoporosis; presented at "The Scientific Basis for Using Holistic Medicine to Treat Chronic Disease." Sponsored by the University of New England College of Osteopathic Medicine and the American Holistic Medical Association, Kennebunkport, ME, October 22.

Alternative and Complementary Treatments for Bone and Joint Disease. Presented at the Symposium "Alternative and Complementary Medicine." Sponsored by the University of North Carolina Schools of Medicine and Nursing, Chapel Hill, NC, October 24.

Nutritional Therapy in Medical Practice. Grand Rounds presented at Saint Joseph Medical Center, Burbank, CA, December 3.

1997

Nutritional Therapy Update; Nutritional Treatment of Osteoarthritis and Cardiovascular Disease. Presented at the annual meeting of the Northwest Naturopathic Association, April 19, Vancouver, B.C.

Nutritional Medicine; and The Holistic Treatment of Osteoarthritis and Osteoporosis; presented at "The Scientific Basis for Using Holistic Medicine to Treat Chronic Disease." Sponsored by the University of Colorado Health Sciences Center Department of Family Medicine and the American Holistic Medical Association, Denver, CO, April 24-26 .

Nutritional Therapy in Medical Practice. One-day workshop presented with Jonathan V. Wright, M.D., at the annual meeting of the American Holistic Medical Association, May 9, 1997, Bellevue, WA.

Nutritional Therapy in Medical Practice. Three-Day Professional Seminar presented at Omega Institute, Rhinebeck, NY, June 6-8.

Nutritional Therapy in Medical Practice. Three-hour workshop sponsored by York Hospital, York, ME, September 16.

Nutritional Medicine; and The Holistic Treatment of Osteoarthritis and Osteoporosis. Presented at "The Scientific Basis for Using Holistic Medicine to Treat Chronic Disease." Sponsored by University of Vermont College of Medicine, Burlington, VT, September 17-20.

Alternative Medicine: Herbs and Nutritional Therapy. One-day seminar presented at Texas Tech University Health Sciences Center, Continuing Nursing Education Program, Lubbock, TX, November 7.

Nutritional Therapy as an Alternative to Drugs and Surgery; Therapeutic Use of Nutritional Supplements. Presented at "Complementary Medicine: Principles and Practical Applications for the Primary Care Provider." Sponsored by HelixCare (a hospital consortium), November 15, Baltimore, MD.

1996

Nutritional "Magic Bullets." Presented at the Annual Meeting of the American Holistic Medical Association, Philadelphia, May 8.

Alternative Care and Traditional Western Medicine. Presented to Group Health Cooperative of Puget Sound, June 3, 1996.

Nutritional Treatment of Chronic Fatigue, Osteoporosis, and Arthritis. Presented at the Annual Meeting of the Osteopathic Physicians and Surgeons of Oregon, June 15.

Nutritional Therapy in Medical Practice. Four-Day Professional Seminar Presented with Jonathan V. Wright, M.D., Seattle, WA, October 25-28.

1995

Nutritional Therapy as an Alternative to Drugs and Surgery. Presented to the First Year Class of Yale University School of Medicine, New Haven, Connecticut, April 10.

Clinical Uses of Dehydroepiandrosterone. Presented to the American College for Advancement in Medicine, New Orleans, LA, April 22.

Pharmacologic Uses of Nutrients in Cardiology. Presented at a conference "Alternative and Complementary Medicine," American Heart Association, Baltimore, MD, May 12.

Nutritional Therapy in Medical Practice. Two-day Professional Seminar presented at Omega Institute, Rhinebeck, NY, June 10-11.

Natural-Hormone Therapy. Presented at the Annual Meeting of the American Holistic Medical Association, Phoenix, Arizona, June 24.

Research Update in Nutritional Medicine. Presented at the Annual Meeting of the American Association of Naturopathic Physicians, Snowmass, CO, October 14.

Natural Remedies for Cancer. Presented at the Annual Meeting of the Washington Association of Naturopathic Physicians, Seattle, WA, November 12.

1994

Nutritional Therapy as an Alternative to Drugs and Surgery. Presented to the Second Year Class of Columbia University School of Medicine, New York, January 26.

Natural Remedies for Hyperactivity, Allergies and other Common Childhood Problems. Presented at the seminar "Beyond Conventional Medicine," sponsored by Family Preservation Initiative of Baltimore City, Inc., Baltimore, January 29.

Preventing and Reversing Osteoporosis. Presented at the Annual Meeting of the American Holistic Medical Association, Seattle, Washington, February 19.

Nutritional Therapy as an Alternative to Drugs and Surgery. Presented to the First Year Class of Yale University School of Medicine, New Haven, Connecticut, April 20.

Nutritional Therapy in Medical Practice. Three-Day Seminar Presented with Jonathan V. Wright, M.D., San Francisco, April 8-10.

Nutritional Therapy as an Alternative to Drugs and Surgery. Presented at the Uniformed Services University of Health Sciences, Bethesda, MD, September 26.

Nutritional Therapy. Presented to the Residency Program, Johns Hopkins School of Public Health, Baltimore, December 20.

1993

Update in Nutritional Therapy. One Day Seminar Presented at the Annual Meeting of the Great Lakes Association of Clinical Medicine, February 25.

Hypothyroidism: The Unsuspected Illness. Presented at the Annual Meeting of the American Holistic Medical Association, Kansas City, Missouri, March 12.

Scientifically Documented Herbal Therapies. Presented at the Annual Meeting of the American Holistic Medical Association, Kansas City, Missouri, March 13.

Politics and Corruption in Medicine. Presented at the Annual Meeting of the American Holistic Medical Association, Kansas City, Missouri, March 13.

Nutritional Therapy. Presented at the Annual Meeting of the Virginia Osteopathic Medical Association, Williamsburg, Virginia, May 21.

Nutrition Update. Presented at the Annual Meeting of the American Association of Naturopathic Physicians, Portland, OR, September 4.

1992

Nutritional Therapy for the 1990's. Two-day Professional Seminar Presented at Omega Institute, Rhinebeck, New York, June 13-14.

Nutritional Therapy in Medical Practice. One-day workshop presented at the Annual Meeting of the American Holistic Medical Association, Falls Church, Virginia, April 2.

1991

Nutritional Therapy as an Alternative to Drugs and Surgery. Presented to the Holistic Medicine Club, Syracuse University Medical School, February.

Nutritional Therapy in Medical Practice. Two-day seminar presented at the Annual Meeting of the American Holistic Medical Association, Breckenridge, Colorado, March 18-19.

Nutritional Therapy in Medical Practice. Two-day seminar presented at the New York Chiropractic College, May 4-5.

The Use of Lipoprotein Measurements to Assess Coronary Risk. Presented at the Semi-annual Meeting of the American College of Advancement in Medicine, Memphis, Tennessee, May 19.

Nutritional Therapy in the Management of Allergic Disorders. Presented at the Meeting of The American Academy of Environmental Medicine, May 24-25.

Nutritional Influences on the Immune System. Presented at The Annual Meeting of the American Holistic Veterinary Association, September 8.

Nutritional Therapy for the 1990's. Three-day Professional Seminar Presented with Jonathan V. Wright, M.D., Los Angeles, September 27-29.

Nutritional Therapy in the Treatment of Age-Related Illness. Presented at the 13th Annual Interdisciplinary Workshop on Geriatric Care, Baltimore, Maryland, October 16, Sponsored by Deaton Hospital and Maryland General Hospital.

1990

Nutritional Therapy for the 1990's. Three-day Professional Seminar Presented with Jonathan V. Wright, M.D., San Francisco, March 23-25.

Intravenous Vitamins and Minerals in the Treatment of Acute and Chronic Illness. Presented at the Annual Meeting of the American Holistic Medical Association, March 29.

Nutritional Influences on Immune Function. Presented at The Meeting of the American College for Advancement in Medicine, Crystal City, Virginia, May 11.

Nutritional Treatment of Cardiovascular Diseases, and Nutritional Treatment of Arthritis. Presented at the Annual Meeting of the Virginia Osteopathic Medical Association, May 12.

1989

Nutritional Factors in Inflammatory Bowel Disease. Presented at the Annual Meeting of the Mid-Atlantic Enterostomal Nurses' Association, Newport News, Virginia, February 24.

Intravenous Vitamins and Minerals in the Treatment of Acute and Chronic Illness. Presented at The Meeting of the American College for Advancement in Medicine, Dallas, May 13.

1988

Nutritional Therapy in Medical Practice. One-day Seminar Presented at the Semi-annual Meeting of the Great Lakes Association of Clinical Medicine, February 25.

Nutritional Therapy in Medical Practice. Two-day Seminar Presented at the Annual Meeting of the American Holistic Medical Association, March 21-22.

Nutritional Therapy in Medical Practice. Two-day Seminar Presented with Jonathan Wright, M.D., at Omega Institute, Rhinebeck, New York, August 6-7.

1987

Nutrition As Therapy. One-day Professional Seminar Presented with Jonathan Wright, M.D., Pasadena, California, January 17.

Nutritional Therapy in Medical Practice. Two-day Seminar Presented with Jonathan Wright, M.D., at Omega Institute, Rhinebeck, New York, July 4-5.

Nutritional Therapy in the Management of Cardiovascular Disease and Arthritis. Seminar Presented at the Semi-annual Meeting of the Great Lakes Association of Clinical Medicine, September 18.

Nutritional Management of Inflammatory Bowel Disease. Presented at the Annual Regional Meeting of the Enterostomal Nurses' Association, October 23.

1986

Nutritional Supplements in Cardiovascular Disease. Presented at Grand Rounds, North Charles General Hospital, Baltimore, Md., February 7.

Nutritional Therapy in Medical Practice. Three-day Seminar Presented at the Annual Meeting of the American Holistic Medical Association, Springfield, Missouri, June 6-7.

Nutrition As Therapy. Two-day Seminar Presented with Jonathan Wright, M.D., San Jose, California, June 21-22.

Nutritional Therapy in Medical Practice. Two-hour Seminar Presented to the Medical Staff, Lewiston Hospital, Lewiston, New York, July 22.

Nutrition As Therapy. Two-day Seminar Presented with Jonathan Wright, M.D., Chicago, Illinois, August 9-10.

Nutritional Therapy as An Alternative to Drugs and Surgery. Presented to the Boston Orthomolecular Society, October 25.

Nutrition As Therapy. Two-day Seminar Presented with Jonathan Wright, M.D., Orlando, Florida, November 1-2.

1985

Nutritional Therapy in Dentistry and Medicine. Presented at Annual Meeting, Academy of General Dentistry, Washington, D.C., January 16.

Nutritional Therapy in Internal Medicine. Presented at Medical Staff Conference, Georgetown University School of Medicine, January 28.

Nutritional Therapy in Family Practice. Presented at Sixth Annual "Health by Choice" Convention, Atlanta Georgia, April 19.

Nutritional Therapy in Medical Practice. A 3 day professional seminar presented in conjunction with Jonathan Wright, M.D., Los Angeles, California, April 26-8.

Nutritional Therapy in Medical Practice. Three-day Seminar Presented at the Annual Meeting of the American Holistic Medical Association, Seattle, Washington, June 3-5.

Nutrition as an Adjunct or Alternative to Traditional Medicine. Presented at Grand Rounds, North Arundel Hospital, Glen Burnie, Md., October 17.

Nutrition in the Elderly. Presented at the "Geriatric Symposium," Dewitt Army Hospital, Fort Belvoir, Virginia, November 1.

1984

Nutrition, Health and Disease. Presented at the Seminar, "Holistic Medicine: Perspectives for Health Promotion and Disease Prevention;" Morehouse School of Medicine, Atlanta, Georgia, March 31.

Nutritional Therapy as an Alternative to Drugs and Surgery. Presented at the Annual Meeting of the Medical and Chirurgical Faculty of the State of Maryland, Baltimore, Md., April 27.

Clinical Applications of Nutritional Biochemistry. A 3 day professional seminar presented in conjunction with Jonathan Wright, M.D., New York, June 1-3.

Management of Fatigue in a Family Practice. Presented at the Eighth International Conference on Human Functioning, Wichita, Kansas, September 14.

Fundamentals of Clinical Nutrition. Presented at the Symposium, "Nutrition in Health and Disease," sponsored by Georgetown University School of Medicine and the American Holistic Medical Association, Washington, D.C., October 20.

1983

Possible Epidemic of Pyridoxine Deficiency Caused by Environmental Pollution. Presented at the "Health by Choice" Annual Convention, Atlanta Georgia, May 14.

Clinical Applications of Nutritional Biochemistry. A 3 day professional seminar presented in conjunction with Jonathan Wright, M.D., San Francisco, California, October 26-8.

1982

Nutritional Therapy for Cardiovascular Disease. Presented at the Annual Meeting of the American Holistic Medical Association, Chicago, Illinois, May 5.

Nutritional Therapy for Arthritis. Presented at the "Advanced Seminar," sponsored by Parmae Laboratories, Las Vegas, Nevada, December 3.

1981

Nutrition, Diabetes, and Atherosclerosis. Presented at the Thirteenth Continuing Preventive Medicine Educational Seminar, Northwest Academy of Preventive Medicine, Seattle, Washington, April 12.

POSITIONS:

Member of Ad Hoc Advisory Panel, National Institutes of Health Office of Alternative Medicine, 1992.

Board of Trustees, American Holistic Medical Association, 1986-1998.

President, American Holistic Medical Association, 1994-6.

Medical Editor, Townsend Letter for Doctors, a monthly publication received by 6.000 health-care professionals; 1985-present.

Medical Editor, *Holistic Medicine*, the Magazine of the American Holistic Medical Association, 1990-1996.

Editorial Review Board, *Journal of Nutritional and Environmental Medicine*, 1990 to present.

Editorial Review Board, *Journal of Applied Nutrition*, 1991 to present.

Editorial Review Board, *Journal of Optimal Nutrition*, 1993 to 1999.

Senior Editor, *Advances in Natural Therapy*, 1998 to 2001.

President, Center for Accelerated Medical Progress, 1988-1992. Board Member, 1986-1987.

Medical Editor, *Preventive Medicine*, the Newsletter of the Northwest Academy of Preventive Medicine; 1982-84.

Professor of Therapeutic Nutrition, Bastyr College of Naturopathic Medicine, Seattle, Washington, 1980-82; 1995-2002.

Consultant to American Medical Security, a medical-insurance company, concerning development of an "alternative-medicine" insurance policy; 1995-1996.

Peer Reviewer, *Archives of Family Medicine*; article on testosterone replacement therapy, February 1998.

Advisory Board, American Whole Health, 1997-1999.

Chief Medical Editor, HealthNotes, Inc., 1999-present.

Editorial Board, *Integrative Medicine: A Clinician's Journal*, 2002-present

Peer Reviewer, *Journal of the American Medical Association*; article on treatment of osteoarthritis, October 2000.

Ph.D. Thesis Reviewer: Study of the effect of body iron status and antioxidant taurine on different types of human haemoglobins and blood parameters of iron deficient and beta-thalassemia subjects. Submitted by Mahmoud Sirdah, Cairo University, Cairo, Egypt.

EXPERT WITNESS:

Maryland State Board of Physician Quality Assurance vs Binyamin Rothstein, D.O., concerning the scientific basis of nutritional therapy in medical practice, March 2004.

Malpractice case in Fresno, CA, regarding alleged failure to diagnose and treat thiamine deficiency, 2002.

Maryland State Board of Physician Quality Assurance vs Ahmed Shamim, M.D., concerning the scientific basis for nutritional therapy in medical practice, January, 1991.

State of New Jersey vs Mark Stern, M.D., concerning the scientific basis for nutritional therapy in medical practice, March, 1986.

Federal Trade Commission vs Furman. Testimony concerning the scientific validity of hair mineral analysis, December, 1985.

Maryland State Board of Physician Quality Assurance vs Helfried Sartori, M.D. Testimony concerning the scientific basis for nutritional therapy in medical practice, 1984.

OTHER ACCOMPLISHMENTS:

Development of the "Wright/Gaby Research Files," a compilation of more than 25,000 scientific papers related to the field of nutritional medicine, organized into a computerized data base.

Featured on CBS Evening News (Dan Rather), concerning the increasing popularity of "Alternative Medicine," October 31, 1991.

Featured on The Donahue Show, December 15, 1992; discussion of Alternative Medicine.

Honorary Lifetime Member, Great Lakes Association of Clinical Medicine, awarded 1988.

Medical Reviewer for Reader's Digest Book on Natural Medicine, December, 1991.

Coauthor of *Nutrition and Healing*, a monthly newsletter on natural medicine, along with Jonathan Wright, M.D.; Publishers Management Corporation, PO Box 84909, Phoenix, AZ 85071; 602-252-4477; 1994-1998.

Named as one of "Baltimore's Best" physicians by *Baltimore Magazine*, 1995.

"Holistic Pioneer" Award. Presented by the American Holistic Medical Association, May 2, 1998.

Invited Presentation: "The Cost-effectiveness of Nutritional Supplements." White House Commission on Complementary and Alternative Medicine, Washington, DC, December 4, 2000.